

Reflective Activity Information Expectations

Format:

- For your submission include your name, student ID number, email address, and the name of the hearing officer who resolved your case in your submission.
- Your submission may be in any audio video or written format you feel best gives you the ability to reflect on your conduct and path moving forward.
- Your submission must be made in one of the following digital formats: .PDF or .MOV. You must submit your digital file using the online [Sanction Submission Form](#).

Purpose:

The purpose of this assignment is to actively reflect on the NC State values of integrity, education, and excellence. Thus this assignment must be done independently without any assistance from outside sources including peers or online sources like ChatGPT and Chegg. Submission with suspected unauthorized assistance will be referred for Failure to Comply and more serious sanctions may be assigned.

Instructions:

Answer each and every prompt honestly and thoroughly. In order to complete the sanction, it is expected that you will take time to reflect on the topic and provide a clear, well-developed response that demonstrates that you have thought about the issue and considered all aspects. It is an opportunity to demonstrate the insight you have developed regarding the expectations required of every member of this scholarly community. This should not be used as an opportunity to complain about policies or laws. You must answer all of the following questions in order to complete the reflective activity. Based on the situation and your subsequent meetings with the hearing officer and sanctioned referrals, you have been assigned a series of reflection questions.

Disclaimer:

NC State University cares about the success and overall well-being of all students. Please be advised that disclosures of discrimination, harassment, or other related misconduct may be reported to the [Office of Equal Opportunity](#). This sharing of information is required as staff in the Office of Student Conduct are Designated Officials and Responsible Employees. More information and available resources can be found [here](#). Should you have questions or concerns, please speak with your hearing officer or contact the Office of Equal Opportunity at 919.515.0574 or equalopportunity@ncsu.edu.

Questions:

Please contact your hearing officer with questions or concerns on how to complete the assigned sanction at 919-515-2963 or studentconduct@ncsu.edu.

Prompt:

1. What happened that resulted in you accepting or being found responsible for violation(s) of the Code of Student Conduct?
2. What factor(s) contributed to your decision-making process? How did these factors influence your decision-making process and your choices in the incident?
3. What did you learn from the incident, the conduct process, and the assigned sanctions?

4. After completing the assigned sanction(s), what strategy(ies) have you learned to change your behavior? How have you implemented these strategies into your choices as a student and why? If your behavior hasn't changed, explain why not.
5. How did your actions impact each of the following: you, friends, family, police, staff, others present or not present, and the NC State community? How did you address the impact you caused? If you do not believe your actions impacted anyone or the NC State community, please explain why.
6. If you were in this situation again, what would you do?
7. After the Student Conduct process what campus resources did you utilize in relation to the incident in addition to the assigned sanctions? How did you apply the resources provided to future decision-making?